

INTRODUCTION

The health and safety awareness training course has been designed to provide participants with a basic knowledge of health and safety procedures in the workplace and to assist employees in complying with current health and safety legislation.

COURSE OUTLINE

Theoretical

- What is health and safety?
- Benefits of health and safety
- The role of the Health and Safety Authority
- Workplace injuries and fatalities
- Reasons to manage health and safety
- Consequences of poor health and safety
- Primary legislation
- Responsibilities of the employer
- Responsibilities of the employee
- Overview of safety statement
- What is a hazard?
- What is risk?
- Common workplace hazards
- Manual handling
- Slips, trips and falls
- Electricity
- Fire
- Chemical safety
- Workplace equipment
- Moving traffic
- Safe working environment

Learning Outcomes



TRAINING OUTLINE

General Health and Safety Awareness Training

- At the end of the course participants will be able to:
- List the benefits of health and safety procedures in the workplace
- Identify the legal responsibilities of the employer and the employee
- State the functions of the safety statement
- Recognize common workplace hazards
- Describe methods of controlling workplace hazards

This 2-3 hours Basic Safety training program can be customized to suit each client's specific workplace needs and equipment. Training can be provided in our Training facility or Client facility as per the requirement.

A Training Certification is provided upon successful completion of the program. Wallet cards are also provided for each operator.